

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee	Selection of fruit juices Fruit segments Selection of eggs Cereals, porridge Toast with butter & preserves Tea & coffee
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pea soup Fanned melon Turkey schnitzel with lemon & parsley (or) Goujons of haddock with tartare sauce (or) Mixed vegetable schnitzel with tomato sauce Potato kugel Green beans Steamed carrots Pear crumble & parev custard Dessert selection Tea & coffee	Chicken soup lokshen Tomato juice Chicken Maryland (or) Poached cod in parsley sauce (or) Pasta with tomato sauce Parsley potatoes Baby carrots Savoy cabbage Almond sponge & parev cream Dessert selection Tea & coffee	Minestrone soup Grapefruit segments Fried haddock in matzo meal with tartare sauce (or) Baked haddock in garlic & lemon sauce (or) Eggs Florentine Chipped potatoes Garden peas Tomato & onion salad Bread & butter pudding Dessert selection Tea & coffee	Green lentil soup Watermelon segments Spaghetti Bolognese with garlic bread (or) Fish pie with leeks and carrots (or) Vegetable pie Puree potatoes Garden peas Sweetcorn Sticky toffee pudding Dessert selection Tea & coffee	Broccoli soup Sliced tongue with chips & beans (or) Salmon fishcakes (or) Vegetarian patties Sauté potatoes Seasonal vegetables Fresh fruit salad Ice cream Tea & coffee	Chopped liver Egg & onion with matzos Gedempte steak with cannelloni beans (or) Baked haddock with tomato & onion (or) Baked vegetable schnitzel Piped potatoes Broccoli Three bean salad Caramelised oranges Dessert selection Tea & coffee	Cream of spinach soup Chopped & fried fish Roast lamb with mint sauce & seasonal vegetables (or) Pan fried cod with tartare sauce (or) Roast root vegetable medley Broccoli Minted potatoes Puree of swede & turnips Parev choux buns Dessert selection Tea & coffee
AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA	AFTERNOON TEA
Coffee & walnut cake	Fruit scones	Victoria sponge cake	Parev choux buns	Lemon butterfly cakes	Chocolate fudge cake	Bread pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Mint & pea soup Penne pasta with tomato & olive sauce (or) Daily sandwich selection Sweetcorn Cucumber & dill salad Green salad Baked rice pudding Tea & coffee	Green lentil soup Vegetable stuffed peppers (or) Daily sandwich selection Potato salad Green salad Beetroot salad Panna cotta with rhubarb Tea & coffee	Curried parsnip soup Crumbed cauliflower & broccoli cheese bake (or) Daily sandwich selection Mixed leaf salad Potato salad Bakewell tart & custard Tea & coffee	Roasted red pepper soup Scrambled eggs Grilled tomatoes on toast (or) Daily sandwich selection Sauté mushrooms Sauté potatoes Tossed garden salad Crème caramel Tea & coffee	Kiddush wine & challah Chicken soup with lokshen & kneidlach Paprika roast chicken (or) Baked haddock with capers Lyonnaise potatoes Carrot tzimmes Fresh fruit platter Tea & coffee	Cream of vegetable soup Boiled gefilte fish (or) Chopped fried fish (or) Daily sandwich selection Mushroom frittata Potato salad Strawberry meringues Tea & coffee	Cream of cauliflower soup Selection of finger sandwiches <i>cream cheese, smoked salmon, tuna mayonnaise, egg & onion</i> Selection of herrings <i>Sweet pickled, schmaltz, rollmops</i> Selection of salads <i>potato, tomato & onion, cucumber & dill, carrot</i> Tea & coffee