Welcome to

Sandringham

JEWISH CARE

Sandringham offers something for the whole community. Whether you live on site, are visiting a relative or popping into the community centre for a cup of tea with a friend, you can benefit from a unique range of services and facilities. Everyone is welcome.

Our state-of-the-art community hub is situated on the border between Hertfordshire and Stanmore, boasting landscaped courtyards and gardens, overlooking meadows, natural ancient woodland, with stunning views across London.

The site, which housed The Princess Alexandra Home for many years, has been redeveloped as part of a multi-million pound project to provide a modern, purpose-built space to serve the Jewish community.

The Ronson Family Community Centre sits in the heart of the community hub, which offers you a wide range of activities; an on-site synagogue, The Adrian Gordon Restaurant, a shop, wellbeing centre, as well as The Zalman and Ruchi Noé Centre for people living with dementia.

The community centre connects the Anita Dorfman House care home and Wolfson Assisted Living on one side and Pears Court Retirement Living apartments on the other, both with their own separate entrances.

You can enjoy Piaf's Garden with accessible walkways, as well as the peaceful lake with viewing decks. Within the grounds, you will also find the secluded walled garden and horticultural centre, as well as a children's play area for young visitors.

We are proud that we are able to offer such a wide range of support, advice, care, and therapeutic activities, all within one incredible community in Hertfordshire and surrounding areas.

Sandringham site plan

01. Recreation Lawn

02. Entrance to Piaf's Garden

03. Allotments

04. Kitchen Garden

05. Activity Cabin

06. Children's Play Area

07. Pears Court Garden

08. Pears Court

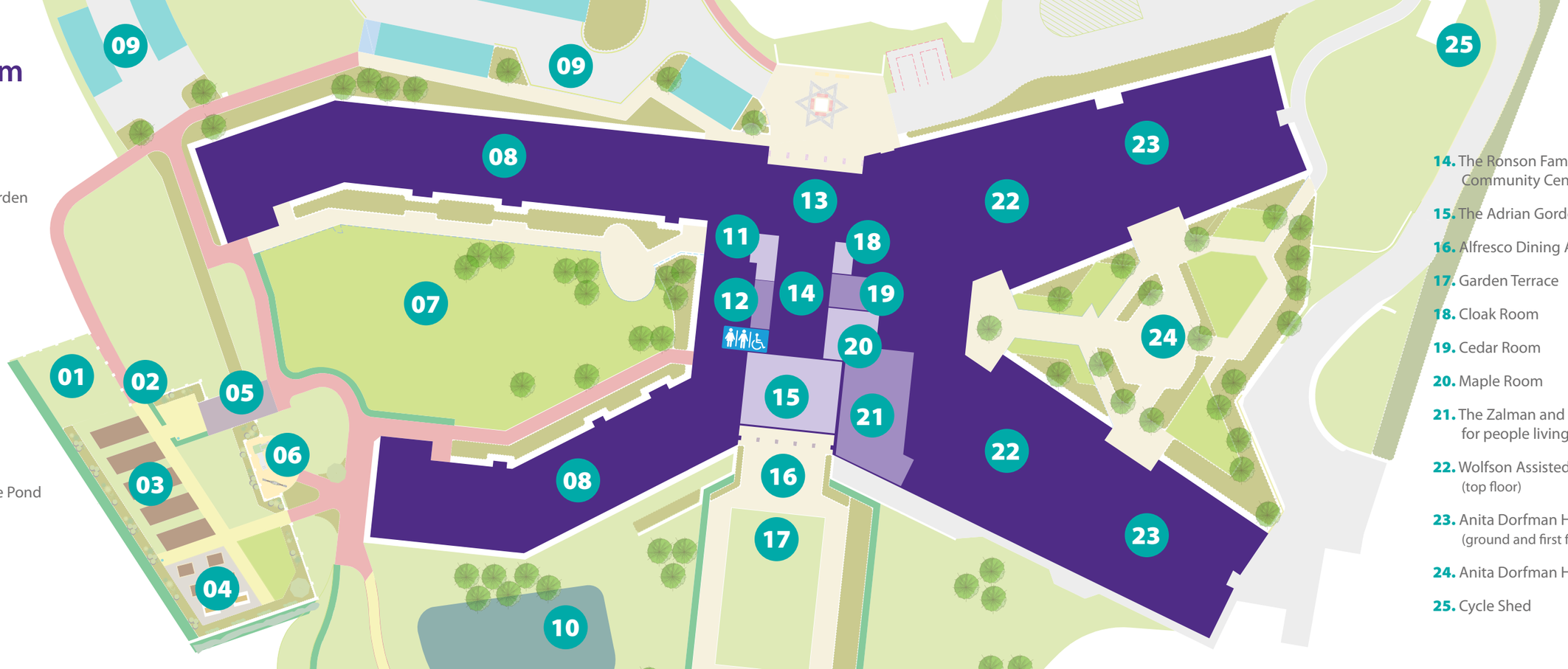
09. Car Park

10. Sustainable Drainage Pond

11. Shop

12. JC Explore

13. Main Reception



14. The Ronson Family Community Centre

15. The Adrian Gordon Restaurant

16. Alfresco Dining Area

17. Garden Terrace

18. Cloak Room

19. Cedar Room

20. Maple Room

21. The Zalman and Ruchi Noé Centre for people living with dementia

22. Wolfson Assisted Living (top floor)

23. Anita Dorfman House (ground and first floor)

24. Anita Dorfman House Garden

25. Cycle Shed

The Ronson Family Community Centre

At the heart of Sandringham is our new, vibrant Jewish community centre. The Ronson Family Community Centre is a hub, not just for those who live at Sandringham, but for people of all ages from the wider Jewish community.

Members and visitors enter through the bright spacious walkway, into the Centre which houses many of the social elements of life at Sandringham. The Ronson Family Community Centre has its own reception, activity room and multifunctional space and serves to connect the care home, assisted living, retirement living and day services.

The Centre offers a full programme of events and activities during the days, evenings and weekends for all ages.

FACILITIES INCLUDE:

- The Adrian Gordon Restaurant, open six days a week
- A shop selling essentials, groceries and Kosher meals
- Multifunctional spaces which house Synagogue services on Shabbat and High Holy days, as well as a range of activities for the community during the week
- Health, wellbeing, and beauty services
- Exercise studio (classes such as Zumba, yoga, and more)
- Walled meditation/yoga garden
- Hairdresser and beauty treatments
- Therapeutic services
- JC Explore

COMMUNITY PROGRAMME (ALL AGES)

Our varied programme of events and activities offers something for everyone – whatever your age or interests are. From kids' crafts and arts to cultural appreciation, there is something on offer for the whole family. We also love to celebrate the Jewish festivals so look out for our community celebrations.

Our programmes include arts, culture, exercise classes, adult learning, events, social groups, support groups and health and wellbeing services.

So whether you would like to play bridge, explore the local area with our guided walks, participate in a wellbeing class or simply meet friends and socialise, you will receive a warm welcome.

Community Programme Opening Hours: 9am-9pm Monday – Thursday

DAY PROGRAMME (AGES 70+)

Our lively day programme for older people includes a stimulating range of activities designed to keep you physically and mentally active and lift your spirits.

A wide choice of activities are available to suit all interests. You can learn new skills and hobbies or develop those you already enjoy in a warm and friendly sociable environment.

Whether you choose to pop in for a particular session or the whole day, there is something to suit all tastes.

Activities include exercise classes, yoga, computer sessions, discussion groups, art lessons, bridge and kalooki as well as a wide programme of guest speakers and musical entertainment.

You can enjoy a delicious lunch at The Adrian Gordon Restaurant. You can also access wellbeing services such as the hearing aid clinic and chiropodist.

Everything that is needed can be found on site, including a convenient shop selling Kosher foods and gifts, an activity and art room and a hairdressing salon (also offering manicures and pedicures).

Day Programme Opening Hours: 10am-3pm Monday – Thursday

THE ADRIAN GORDON RESTAURANT

The lively restaurant area, which can be used by all visitors to the campus, offers a wide range of delicious salads, sandwiches, and hot meals. With spectacular views of the beautiful, landscaped grounds it provides a wonderful space to chat to friends old and new.

Enjoy a delicious choice of meals, as well as tea, coffee, and homemade cakes and pastries. There is indoor

and outdoor seating, plus the option to takeaway.

The restaurant is open Sunday-Friday, serving a delicious dairy menu during the daytime with parev options always available and plans to introduce a meat 'à la carte' in the evenings. It supervised under a Kashrut licence.

The main hall can be used as a Synagogue, enabling our members and visitors to enjoy the festivals or celebrate a simcha together.

ACCESSIBILITY

We are committed to ensuring everyone's visit is enjoyable. The entire site is fully accessible to wheelchair users. We have extra wide disabled only parking bays near the entrance and automatic main and rear doors. The centre also benefits from a beautiful landscaped courtyard built at the heart of the campus, as well accessible pathways which allow everyone to enjoy our beautiful setting.

Sandringham and the Community

CONSERVATION

Conservation is at the heart of the campus and it is a wonderful place to explore. Our landscape has accessible walkways and sheltered terraces. The peaceful lake with its viewing decks is home to koi carp, ducks and geese.

The grounds at Sandringham are of special scientific interest with seasonal ponds, rain gardens and varied fauna, including ancient woodland with a dedicated nature conservation zone. We offer community projects that bring together people of all ages, to learn about the environment and sustainability, as well as enabling those that live here and visitors to enjoy the surrounding nature.

So look out for what wildlife you can spot when you visit – you may see a buzzard, deer, fox or rabbit.

WE WELCOME YOUNG VISITORS

Children are very much welcome to visit Sandringham. Our playground can be found at the rear of Pears Court and there are nature trails to follow and wildlife to spot.

VOLUNTEERING AT SANDRINGHAM

There are a wide range of volunteering opportunities across all the services we offer. These range from short-term, one-off roles, to assisting with regular programmes. Full training and support is given to all our volunteers. If you are interested in joining our friendly team, we would love to hear from you.

For more information email volunteer@jcare.org or call 020 8922 2405.

The Zalman and Ruchi Noé Centre for people living with dementia

For people who are living with memory impairment, or who have been diagnosed with a form of dementia.

The Zalman and Ruchi Noé Centre for people living with dementia is located away from the main hustle and bustle of the day centre. The warm and friendly Centre offers a programme of activities and care for people living with dementia, to enhance overall wellbeing of the person and provide support for their families and carers.

Our professional team work in close partnership with trained volunteers, helping to offer a stimulating and welcoming environment for members to enjoy. Each client receives his or her individual care plans as part of the referral and assessment process.

In addition to a range of stimulating and therapeutic activities, centre members will enjoy a hot, Kosher meal on site. Members will celebrate the Jewish festivals and traditions and have the opportunity to continue pastimes they enjoy, as well as taking part in new activities.

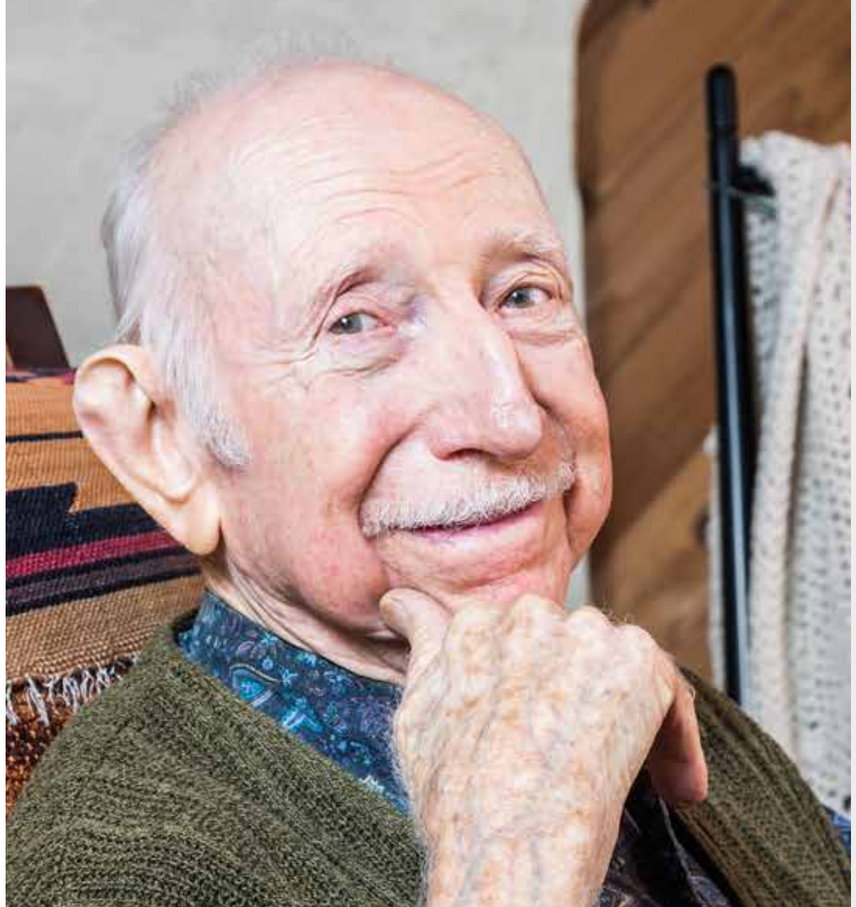
A Jewish Care minibus will operate for those members who need additional help with transportation.

Referrals
Referrals can be made directly by families, social workers, care managers, GPs and hospitals.

The Centre is open Monday – Thursday.

Singing for Memory is a weekly singing session providing a stimulating social environment, bringing together people who are living with conditions that affect memory and their carers.

The Memory Way Café runs once a fortnight. This is a group for carers together with their friend or family members living with dementia, to enjoy activities and socialise. Sessions include guest speakers and professionals offering advice and coping strategies.



ACTIVITIES INCLUDE:

- Music Circle
- Arts and Crafts
- Playing card games
- Chair-based exercise
- Reminiscence and life histories
- Gardening
- Yoga and wellbeing
- Regular live musical entertainers
- Musical groups including Jazz Appreciation
- Discussion groups
- Scrabble and other table-top games
- Baking
- Personal care
- Outings
- Support for carers

Pears Court

Retirement Living with Jewish Care offers individuals and couples over the age of 60 the freedom to live in style, with the peace of mind of knowing 24-hour support is available, with staff based on-site if needed.

Living in Pears Court gives you the opportunity to be involved in a thriving Jewish community, with many volunteering opportunities for those who are looking to be actively involved.

There are 48 one and two-bedroom apartments to rent. The wide range of facilities available include:

- A communal courtyard and garden
- A guest suite for visitors to use when staying over (bookable in advance, cost applies)
- A choice of communal lounges for relaxation and entertainment
- A hairdressing salon
- 24-hour on-site support from a dedicated team
- An on-site management team
- Supervised Kosher restaurant in community centre
- A shop selling essentials, groceries as well as Kosher meals
- Support from the maintenance team
- Wi-Fi in communal areas
- Video phone entry system
- A mobility scooter park
- Two lifts (including a Shabbat lift)
- Synagogue support from a dedicated team
- Concierge service
- Laundry facilities

Each luxury apartment is beautifully designed, with an open plan fitted kitchen leading onto a spacious lounge area. They each have a fully tiled wet room bathroom fitted with a wall mounted shower.
Each apartment has a balcony which overlooks the beautiful, private landscaped courtyard garden or woodland.

The private courtyard garden has direct access to The Ronson Family Community Centre. This spacious and impressive community centre offers a wide range of activities, an on-site synagogue, Kosher café and restaurant, hairdressers and wellbeing centre which can be enjoyed by all Sandringham's Pears Court tenants.

Pears Court also offers a bright and spacious modern communal lounge to enjoy relaxing or socialising in with family and friends.

Accessible pathways allow everyone access to this beautiful setting, with many indoor and outdoor activities available to suit all interests, as well as a weekly shuttle bus to the local shopping complex and other local destinations.

All apartments are available for rental, so depending upon your circumstances you have the flexibility to choose, meaning that you could sell your house or retain your family home to leave it as a legacy for your loved ones. We would recommend that you take independent financial advice before deciding what is best for you.

Your safety and security are of paramount importance, which is why Pears Court has a number of measures in place to ensure you can relax and feel safe in your home all day, every day: Pears Court has secure entry systems and CCTV, there is security on site 24 hours a day, seven days a week and also a concierge service. Each apartment features an advanced emergency call system, smoke detector, heat detector and carbon monoxide alarm.

Anita Dorfman House

This modern care home offers 64 en-suite rooms, arranged across four intimate households of 16 rooms, encouraging the development of individual relationships between staff and residents and providing a more personal way of living.

Each household has its own dining/kitchen area, serving tasty and nutritious Kosher food, as well as lounge areas for day-to-day socialising and activities.

A number of smaller lounges provide the perfect setting for more intimate moments with relatives and visitors, as well as the beautiful central courtyard with seating which is ideal for enjoying warmer days.

Wolfson Assisted Living

Wolfson Assisted Living part of Anita Dorfman House, offers residents larger and more self-contained personal living space while still benefitting from a fully serviced care environment.

The 16 open plan studio apartments offer each resident a spacious living area that includes a lounge, kitchenette, bedroom and en suite wet room. Private balconies provide attractive views. The communal spaces on this floor include a lounge-dining room and residents are encouraged to access the restaurant, shop and communal facilities in The Ronson Family Community Centre located on-site.

Wolfson Assisted Living is staffed 24/7, and meals, housekeeping, and recreational activities are all provided. Residents can live life to the full through a varied programme of activities to enjoy. Our team of care home Activity Organisers liaise regularly with residents to ensure that everyone has a say in the types of activities they would like to do.

FACILITIES INCLUDE:

- Beautiful large rooms with stunning views
- Bright airy dining rooms serving delicious Kosher food
- Varied entertainment programme with dedicated activities team
- Communal courtyard and garden
- A choice of communal lounges for relaxation and entertainment
- A hairdresser and salon
- Easy access to The Ronson Family Community Centre
- Wi-Fi in communal areas

Jewish Care Direct

Our confidential helpline offers information and advice on a wide range of topics and will deal with any enquiries about Jewish Care's extensive range of services and resources, to include our care homes, home care, dementia care, mental health and wellbeing, community support, Meals on Wheels, and Benefit enquiries.

The helpline advisors can also tell you about other organisations or resources in your area that can help if Jewish Care is not able to.

For more information on the services Jewish Care can offer please call our Jewish Care Direct advisors on 020 8922 2222 or email helpline@jcare.org

Social Work and Community Services

Dedicated to finding the right care and support, our four teams of experienced social work professionals work with members of the community to find the health and social care services that best meet an individual's needs.

The team offers support, advice, and guidance, and can advocate on people's behalf. They work in the following areas:

AGEING AND DEMENTIA
For older people and those who have either memory loss or a diagnosis of dementia.

DISABILITY AND WELFARE RIGHTS
Working with adults of all ages to help them live as independently as possible. The team can arrange for useful equipment to be installed in people's homes and assist in obtaining full entitlements to grants and allowances.

FAMILY CARERS
For those caring for a family member, friend or neighbour due to frailty, dementia, physical or sensory disability or life-limiting illness.

END OF LIFE
Working with individuals and families to enable end of life choices to be made with dignity and respect.

Jewish Care is the largest not-for-profit health and social care organisation serving the Jewish community in the UK, with centres and services based in London and the South East. Every week we touch the lives of over 10,000 members of the community.

In everything we do at Jewish Care, we are guided by our values of excellence, innovation, compassion, inclusiveness and integrity.

Sandringham
Common Road
Stanmore
HA7 3FT

T: 020 8922 2222
E: helpline@jcare.org

www.jewishcare.org

By road
Easily accessible from the M1, M25, A1 and A41. Sandringham is located on the A409 between Bushey Heath and Stanmore.

By train
Stanmore (Jubilee Line, 2.5m)
Hatch End (London Overground, 2.5m)
Bushey (London Overground, 3.1m)

By bus
258 (Priory Close, 2 min walk)
142 (Heathbourne Road, 20 min walk)

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ARCO APPROVED OPERATOR

POSITIVE ABOUT DISABLED PEOPLE