

**£10** could pay for a therapeutic gardening session where each resident can grow their own fruit and vegetables.

**£30** could pay for arts and crafts materials so residents can enjoy expressing themselves through art.

**£100** could pay for flowers so residents can take part in flower arrangement sessions before every Shabbat for one month.

**£250** could pay for a 'Music and Movement' session each week for one month for residents to keep their minds and bodies active.

**£500** could pay for a communal Shabbat meal for residents in one of our care homes for people living with dementia, so they can hold on to their Jewish traditions and interact with friends.

Thank you for helping make a real difference.



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